

September Highlights: A Cultural & Emotional Tapestry

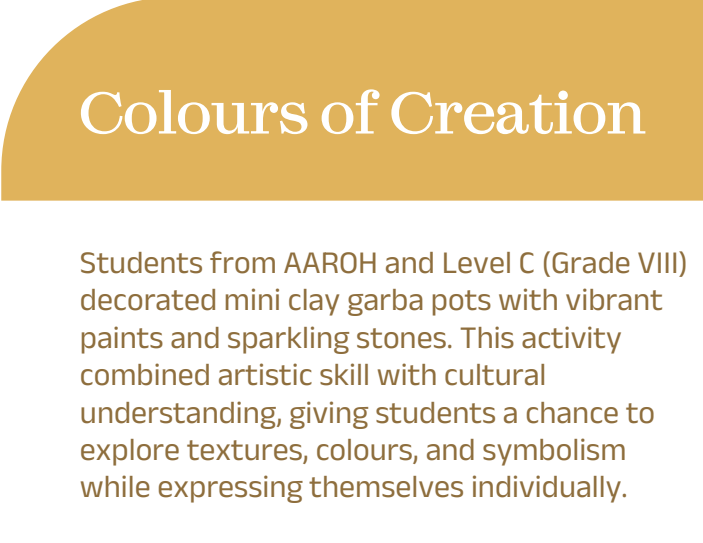
This festive season, GAET Counselling Centre celebrated tradition in ways that put every child at the heart of the experience. Through sensory-friendly, inclusive, and age-appropriate activities, students engaged with culture while building confidence, creativity, and emotional awareness.

Each activity was an opportunity for personalised learning, letting students explore and express themselves in their own unique ways.



Marigold Masti

Our MKP (Masti Ki Paathshala) little artists created marigold torans using real flowers and child-safe needles. Feeling the petals, threading them, and smelling the fragrance enhanced fine motor skills and sensory integration. The pride of seeing their creations decorate the Centre brought joy and a sense of accomplishment.



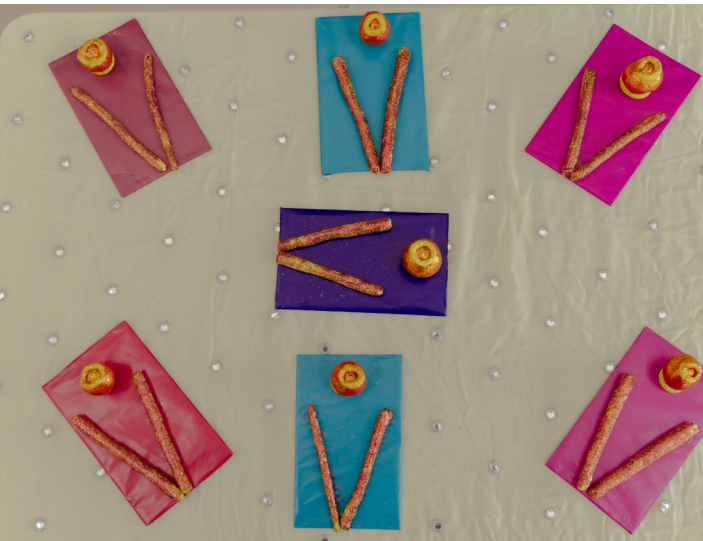
Colours of Creation

Students from AAROH and Level C (Grade VIII) decorated mini clay garba pots with vibrant paints and sparkling stones. This activity combined artistic skill with cultural understanding, giving students a chance to explore textures, colours, and symbolism while expressing themselves individually.



Dandiya Sticks Project

In the ANWAY program, preparing for formal schooling, children made mini garba and dandiya sticks from modelling clay. Adding glitter and shimmer turned the activity into playful, hands-on learning. Students honed attention, coordination, and rhythm while discovering the joy of creating something uniquely theirs.



Dancing to the Beat of Joy



Secondary and Senior Secondary students brought Garba to life through a group dance performance. Learning the steps together encouraged teamwork, boosted confidence, and offered a fun, inclusive way to celebrate culture and movement. Their energy and coordination reflected both joy and social learning.



These celebrations were more than festive fun — they were designed to be therapeutic, inclusive, and reflective of progressive learning principles. Each child's experience was personalised, allowing them to explore creativity, confidence, and cultural understanding at their own pace. By honouring feminine energy as a guiding force, we emphasised the value of being seen, heard, and celebrated as an individual within the community.

Impact Meter

Impact Meter – September 2025



120+

students

participated across all festive activities, from MKP to Senior Secondary



100%

engagement

in hands-on creative tasks like marigold torans, dandiya sticks, and garba pot decoration



75%

students

explored new sensory or artistic skills, enhancing fine motor coordination and self-expression



1

inclusive performance

Sec. & Senior Sec. Garba dance showcasing teamwork, confidence, and cultural learning

Let's continue nurturing every child's potential, creativity, and inner confidence. May the light of Devi guide us all in creating a space where each child's energy shines bright.

Warm Regards,
GAET Counselling Centre